

VJK KB Diksmuide 26: Session: 6: COACH evaluation sheet for TEAM: ISWIM

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: VANDENBERGHE HANNAH

Coaches: VANMEENEN SARA

Coaches: VANMEENEN LAURA

Coaches: LEPLA MARTINE

Coaches: DRUART ANNELIES HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 66: 400M MEDLEY WOMEN 15-16							Heat:1, starttime: 14:42	
Heat: 1/2 Lane : 2 Athlete: DE BRUYNE SILKE							Q-time: 05:43:76	
PB (25m pool): 06:15.86 Meulebeke 07/04/2024							PB (50m pool): 05:43.76 SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:15.86
								

Coach feedback:

Event number: 67: 100M MEDLEY MEN 13-14										Heat:5, starttime: 15:02	
Heat: 5/5 Lane : 3 Athlete: CLAEYS YBO										Q-time: 01:09:42	
PB (25m pool): 01:09.42 Brugge 04/10/2026										PB (50m pool): no time SB: 01:09.42 Brugge 04/10/2026	
	2 5 M		5 0 M		7 5 M		1 0 0 M				
PB			00:32.53				01:09.42				
	00:32.53				00:36.89						
											

Coach feedback:

Event number: 69: 50M BUTTERFLY MEN 15-16										Heat:2, starttime: 15:13	
Heat: 2/5 Lane : 6 Athlete: PAUWELS MILLAU										Q-time: 00:28:85	
PB (25m pool): 00:28.85 Waregem 26/09/2026										PB (50m pool): 00:29.53SB: 00:28.85 Waregem 26/09/2026	
	2 5 M		5 0 M								
PB			00:28.85								
			00:28.85								
											

Coach feedback:

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Event number: 71: 100M BUTTERFLY MEN 13-14					Heat:3, starttime: 15:26
Heat: 3/4 Lane : 5 Athlete: VINCENT RUNE					Q-time: 01:03:57
PB (25m pool): 01:04.03 Brugge 04/10/2026			PB (50m pool): 01:03.57 SB: 01:04.03 Brugge 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.13		01:04.03	
	00:29.13		00:34.90		
					

Coach feedback:

Event number: 71: 100M BUTTERFLY MEN 13-14					Heat:4, starttime: 15:28
Heat: 4/4 Lane : 6 Athlete: BERVILLE BRICE					Q-time: 01:07:78
PB (25m pool): 01:05.84 Sint-Amandsberg 18/10/2026			PB (50m pool): 01:07.78 SB: 01:05.84 Sint-Amandsberg 18/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.52		01:05.84	
	00:31.52		00:34.32		
					

Coach feedback:

Event number: 71: 100M BUTTERFLY MEN 13-14					Heat:4, starttime: 15:28
Heat: 4/4 Lane : 8 Athlete: DE BRUYNE SANDER					Q-time: 01:12:30
PB (25m pool): 01:13.58 Brugge 04/10/2026			PB (50m pool): 01:12.30 SB: 01:13.58 Brugge 04/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.18		01:13.58	
	00:33.18		00:40.40		
					

Coach feedback:

Event number: 73: 100M FREESTYLE MEN 15-16					Heat:5, starttime: 15:46
Heat: 5/8 Lane : 5 Athlete: PAUWELS MILLAU					Q-time: 00:56:23
PB (25m pool): 00:55.07 Sint-Amandsberg 18/10/2026			PB (50m pool): 00:56.51 SB: 00:55.07 Sint-Amandsberg 18/10/2026		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.27		00:55.07	
	00:26.27		00:28.80		
					

Coach feedback:

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Event number: 73: 100M FREESTYLE MEN 15-16					Heat:6, starttime: 15:47
Heat: 6/8 Lane : 3 Athlete: SEYS WOUT					Q-time: 00:54:43
PB (25m pool): 00:54.42 Sint-Amandsberg 18/10/2026					PB (50m pool): 00:55.26 SB: 00:54.42 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.34		00:54.42	
	00:26.34		00:28.08		
					

Coach feedback:

Event number: 73: 100M FREESTYLE MEN 15-16					Heat:8, starttime: 15:50
Heat: 8/8 Lane : 4 Athlete: DELIE VICO					Q-time: 00:51:21
PB (25m pool): 00:51.21 Brugge 04/10/2026					PB (50m pool): 00:53.28 SB: 00:51.21 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:24.75		00:51.21	
	00:24.75		00:26.46		
					

Coach feedback:

Event number: 74: 100M FREESTYLE WOMEN 15-16					Heat:2, starttime: 15:53
Heat: 2/7 Lane : 3 Athlete: VANDERMARLIERE JUNA					Q-time: 01:03:02
PB (25m pool): 01:03.02 Ieper 04/01/2026					PB (50m pool): 01:03.56 SB: 01:03.69 Brugge 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.16		01:03.02	
	00:30.16		00:32.86		
					

Coach feedback:

Event number: 75: 200M BREASTSTROKE MEN 13-14							Heat:2, starttime: 16:07	
Heat: 2/5 Lane : 5 Athlete: MEUL RUNE							Q-time: 02:57:70	
PB (25m pool): 02:51.56 Sint-Amandsberg 18/10/2026							PB (50m pool): 02:57.70 SB: 02:51.56 Sint-Amandsberg 18/10/2026	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.93		01:21.70		02:06.98		02:51.56
	00:37.93		00:43.77		00:45.28		00:44.58	
								

Coach feedback:

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Event number: 75: 200M BREASTSTROKE MEN 13-14							Heat:5, starttime: 16:17	
Heat: 5/5 Lane : 7 Athlete: HAUSPIE NIEL							Q-time: 02:42:56	
PB (25m pool): 02:35.65 Sint-Amandsberg 18/10/2026				PB (50m pool): 02:42.93 SB: 02:35.65 Sint-Amandsberg 18/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.34		01:15.37		01:55.94		02:35.65
	00:35.34		00:40.03		00:40.57		00:39.71	
								

Coach feedback: